# THE SCHOOL LUNCH PROGRAM



Berrima Public School is partnering with The School Food Project. We will make good, fresh school food affordable for all!

#### WE WILL LAUNCH A NEW LUNCH MODEL

Our school is teaming up with The School Food Project to pilot a better way for kids to have lunch at school. Here's the plan:

- We will trial a NSW-first whole-school lunch program.
- Tasty. Healthy. Fun. Inclusive.
- Meals for every student, teacher and volunteer.
- A focus on fresh local ingredients.
- An experienced chef or cook will make all food from scratch in our new, refurbished school kitchen.
- No child will miss out!

#### EVERYONE WILL BENEFIT

- 1. Help for parents: We will ease the stress and financial pressure on families.
- 2. Healthier kids: Our lunches will fill hungry tummies, feed growing brains, foster healthy eating habits and make children feel good.
- 3. Stronger bonds: We will bring our school community together, every day.

#### OUR VISION

The School Lunch Program will serve as a model that any school in Australia can adopt.



## SUSTAINABILITY & COMMUNITY

Less food miles. Less food waste. Less packaging. Looping in local farmers. Local business boost

TEACHERS

od helps kids learn.

# GOVERNMENT

Less burden on health system. Meet global standard 1 in 2 children globally are fed lunch

### CHILDREN

Healthier bodies and minds. Better eating habits for life. **Everyone gets the** same meal.

PARENTS No more lunchbox stress. Less cost pressure



#### HELP US MAKE IT HAPPEN!

We're excited to start the School Lunch Program at Berrima Public School. But we can't do it without the support of our wonderful community.

We need volunteers who can help us create our new school kitchen. Do you have skills to help out with the demolition, refurbishing and re-fitting? Are you good at plumbing, carpentry, cabinetmaking or electrical fittings? Could you donate or chip in for whitegoods, cooking or dining equipment?

**Please get in touch** if you'd like to know more about this work and how you can support it.

#### WE'D LOVE TO HEAR FROM YOU

#### Email

enquiries@schoolfood project.org.au

Phone

0422 058 344



At Berrima school we are committed to growing the hearts and minds of all children. We are cultivating a learning culture that fosters the development of the whole child.

Berrima school offers our children a unique learning adventure that strengthens academic capability, develops good character, builds life skills and values connection to community.

We are very excited to be partnering with The School Food Project so that we can fuel every child, every day with nutritious and healthy food so that they can flourish in their learning adventure.

#### Contact

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#### **ABOUT THE SCHOOL** FOOD PROJECT

The School Food Project is a not-for-profit initiative of chefs and cooks, nutritionists and business experts. We offer guidance, training and expertise to schools that want to serve affordable, nutritious lunches kids love.

Since 2016 we have supported multiple school canteens to transform into fresh food places. We believe every child should have access to a good meal at school, regardless of their background or circumstances.

We are delighted to partner with Berrima PS to test a full school lunch program.

LEARN MORE



